

School Journey Diary

Each day concentrate on **one** of the following things. Keep a record of your observations by drawing and writing.

1. Notice the overall shape of your journey. The twists and turns, corners, ups and downs. Try and draw a line that shows this.
2. What things catch your eye on the journey, what interesting things do you see? Draw or describe them.
3. Tune in your ears. What different sounds do you hear? Make a list. Describe them if you can.
4. What different surfaces do you travel over - grass, mud, tarmac? Smooth or bumpy? Try to notice them changing. Make a list, draw or make rubbings.
5. Notice how you are feeling and how your feelings change during the journey. Maybe you start off tired and then liven up or perhaps you are relaxed but then get anxious because you are late. Write down your feelings.
6. Look for signs and symbols-road signs, shop signs, house signs. Draw some of them. Do you know what they mean?
7. Tell us what you were thinking about on your journey today – or what you talked about with your companions.
8. Make a note of the weather each day. Think about how your experience of the journey changes in different weather.